

PET/CT EXAM PREPARATION

(These preparations must be followed completely to ensure accurate test results.)

- Do not eat anything after midnight the night before the exam. You may continue to drink only water after midnight.
- Do not eat anything the morning of the exam
- Drink plenty of water before the exam. No caffeine, sports drinks, regular or diet colas, or alcohol.
- No strenuous physical activity or exercise 24 hours prior to your exam.
- Do not take oral or injectable diabetic medication the day of the exam.
- Wear comfortable, loose fitting clothing, preferably sweat pants and top, or T-shirt for scanning. No emblems or designs. If you do not wear the proper clothing you will be asked to change into a gown.
- Do not wear anything with metal (underwire bra, zippers, buttons, snaps, etc)
- You may wear your hearing aides, glasses or dentures. They will need to be removed prior to your scan.
- Leave all valuables at home. All rings and other jewelry will be removed for the scan.
- Plan to stay 2 to 3 hours.
- Family members are not permitted in the resting rooms or scan rooms. Please limit family members that will be waiting in the waiting room to a minimum.

Arrival PET/CT

- Arrive at scheduled time, check in with admitting staff and fill out appropriate paperwork.

CT/CTA PREPARATION

(These preparations must be followed completely to ensure accurate test results.)

- Women during childbearing ages (12-55) should be screened for the possibility of pregnancy before scheduling any CT procedures.
- Please inform the scheduler if you are allergic to iodine, have impaired kidney function, or are taking oral medication to control your diabetes.
- It is very important that we speak with you prior to your exam so the radiologist can review your medical history before you arrive.
- If we are unable to reach you by 3:00 PM the day before your exam, please call our confirmations department at 214-345-8300 or your appointment may need to be rescheduled.
- Do not eat 3 hours prior to your exam time.
- You may drink small amounts of water prior to your exam.
- Family members are not permitted in the scan room. Please limit family members that will be waiting in the waiting room to a minimum.

Arrival CT/CTA

- Arrive at scheduled time, check in with admitting staff and fill out appropriate paperwork.